



## Discharge Instructions

**General Information:** Your pet was given a general anesthetic or sedative, which can take 24-48 hours to completely wear off. A small tube was placed down his/her throat and can occasionally cause mild irritation and slight coughing for 48 hours. If there is a persistent cough for more than 48 hours or worsens, please contact us. During this time offer a kennel or small room that will keep your pet confined, quiet, relaxed and alone until the end of the healing period.

**Activity:** Restrict all activity for the next 10-14 days or until the incision is fully healed, including baths. Absolutely no running, jumping, rough play, water activity, or playing with other pets or children for 14 days. Any strenuous activity will disrupt the healing process. If excessive swelling starts or drips blood, you should visit a clinic immediately. Please note that you are financially responsible for all visits and treatments associated with any care needed to repair the surgical site. **IMPORTANT:** Adult males can be fertile up to 4 weeks after surgery. Females that were in heat during surgery may try to breed up to 10 days after surgery due to pheromones hormones. **DO NOT** allow your females to be near male dogs for at least 30 days as intercourse after surgery can be fatal.

**We have sedatives to keep your pet quiet if needed.**

**DO NOT ALLOW YOUR PET TO LICK OR CHEW AT THE INCISION**

**Food:** Anesthesia may cause nausea and vomiting for up to 24 hours after surgery. Feed only a ¼ amount of their regular diet this evening if vomiting occurs remove food until morning and offer a blend diet until improvement is noticed. Do not change your pet's diet, or give table scraps, milk, or any other people food during the recovery period as it can cause post-surgical complications. Normal appetite should return to normal within 1-2 days. Patients may not have a bowel movement for 24- 36 hours after surgery, this is normal.

**Monitor:** Check the incision twice daily. Do not clean or apply any topical ointment to the incision site, unless directed by your doctor. A set of sutures is placed UNDER the skin to hold the abdominal wall closed, the outer layer is then closed with internal sutures and surgically closed. Some animals may have a surgical adhesive that holds the incision closed with a slight blue glue-like material appearance. It will slough off on its own. **The sutures will dissolve over time unless stated differently and if that's the case, bring the patient in 2 weeks after surgery for suture removal. Male cats do not require sutures and the incision is left open.**

**Please notify Spay Neuter Clinic if any of the following symptoms or other problems arise:**

- Bleeding from incision, labored breathing, pale gums, weakness, severe pain, difficulty urinating.
- Not eating or drinking for more than 48 hours, vomiting and/or diarrhea.
- Any signs of infections, excessive swelling or redness of the skin, excessive blood draining, intermittent blood seepage that continues for more than 24 hours and unpleasant odor or discharge.

**If you have any questions or concerns following the surgery, please contact our office 520-624-5005 or email us at [azspayneuter@gmail.com](mailto:azspayneuter@gmail.com)**

**Do not give human drugs to your pets! Do not give Tylenol or Aspirin for pain relief.**

**Emergency Clinics.**

**- Veterinary Specialty Center of Tucson, 4909 N La Canada Dr. 520.795.9955**

**- Southern Arizona Veterinary Specialty and ER, 7474 E Broadway Blvd. 520.888.3177**